

2018-19 SCHOOL LUNCH MENU



Wendy

**1% White or Fat Free Chocolate Milk or Non-Dairy Milk
and Water available at all meals**



Menus Are Subject To Change

| Week of | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--|---|---|---|--|
| 1-14 | Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Applesauce Milk | Fajita Chicken and Rice Peas Mixed Greens Salad Pears Milk | Macaroni and Cheese with Stewed Tomatoes Mixed Greens Salad Peaches Milk | Scrambled Eggs Sausage or Ham Sweet Potatoes Mandarin Oranges Milk | Grilled Cheese Sandwich Tomato Soup Green Beans Mixed Greens Salad Pears Milk |
| 1-21 | NO SCHOOL STAFF AND STUDENTS | Hamburger on a Bun French Fries Corn or Peas Mixed Greens Salad Applesauce Milk NO SCHOOL PRE-K AND APS SCHOOL AGE STUDENTS ONLY | Goulash Green Beans Mixed Greens Salad Mandarin Oranges Milk | Waffles Sausage or Ham Sweet Potatoes Green and Wax Beans Applesauce Milk | Turkey and Cheese on a Bun Sweet Potato Fries Mixed Greens Salad Pears Milk |
| 1-28 | Cheese Pizza with Whole Wheat Crust Peas Mixed Greens Salad Mixed Fruit | Sloppy Joes on a Bun Buttered Noodles Wax Beans Mixed Greens Salad Mandarin Oranges Milk | Chicken Noodle Casserole Peas and Carrots Mixed Greens Salad Peaches Milk | Scrambled Eggs with Peppers and Onions Sausage or Ham Potato Mixed Fruit Milk | Barbeque Pork on a Bun French Fries Wax Beans Mixed Greens Salad Mixed Fruit Milk |
| 2-4 | Cheese Pizza with Whole Wheat Crust Carrots Mixed Greens Salad Pears | Diced Chicken and Gravy over Mashed Potatoes Peas and Carrots Mixed Greens Salad Mixed Fruit Milk | Spaghetti with Meat Sauce Broccoli Mixed Greens Salad Peaches Milk | Pancakes Sausage or Ham Home Fries Green Beans Mandarin Oranges | Egg Salad or WOW Butter and Jelly Chicken Soup Mixed Greens Salad Applesauce Milk |

Daily Option: WBJ "WOWBUTTER"/Jelly (100% PEANUT FREE) or a cheese sandwich.

